

JUNCTURE

Winter 2005

Editor: Melanie Bulluck



From the President

Dee Ray
University of North Texas

Texas Association for Counselor Education and Supervision (TACES) has experienced a busy, exciting, and innovative fall this year. We exhibited great determination in taking on new challenges and offering Texas a voice specifically for counselor educators and counselor supervisors. We have increased our focus on providing more resources to counselor supervisors and we continue to offer representation for counselor education programs across the state.

In summer, 2004, the TACES board was presented with a proposal by TCA to conduct the Directors of Guidance Conference, formerly hosted by Texas Education Agency. Within a short time period, we were able to review the proposal, recognize its relevance to our mission, and charge a committee with the organization of the conference. Kathryn Everest and John Lucas headed up our conference committee with the help of committee members, Richard Lampe, Eli Zambrano, Doris Coy, and Kitty Dethfelsen. TACES owes this committee a great deal of gratitude for putting together an excellent conference in November where we provided development for 264 supervisors from across the state. In addition, this conference was a modestly successful financial endeavor so TACES was able to add a little more to its income. The most exciting result was a developing interest among participants in the mission and operation of TACES.

In the fall, TACES also became aware of possible changes to the Texas State Board of Examiners of Professional Counselors in their state sunset review. We quickly developed a survey to query our members regarding their views on licensure preparation and testing. The survey was tallied and results were presented to TCA to represent TACES with a more accurate accounting of our membership.

Thanks to Eric Schmidt who spearheaded this effort and presented our results to TCA personally. TACES membership was split in its support of moving the licensure requirements to 60 hours of education and the addition of a jurisprudence exam to licensure requirements. However, there was general consensus regarding our opposition to continued proficiency testing and to the addition of a second level mental health exam to be administered at the end of the accumulation of required direct hours. There was also agreement on the support of replacing the LPC exam with the National Counselor Examination and increasing the portability of the Texas license. Additionally, a majority of member participants did not support the concept of the LPC board operating more independently by reducing statute codes. Although we would have preferred a better response rate (N=32), we greatly appreciate everyone who participated in the survey.

So, now that we have completed the fall, it is time to move on to 2005. In February, we will be providing our annual Mid-Winter Conference organized this year by president-elect, Richard Watts. I look forward to an exciting conference where we will offer continued professional development and get together to share our views and concerns. TACES will continue to uphold its purpose to identify and respond to issues in the field of counselor education and supervision.

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TACES MIDWINTER CONFERENCE

February 25, 2005

Doubletree Hotel, Austin

The TACES MidWinter Conference will be held on Friday, February 25th at the DoubleTree Hotel in Austin.

We believe this year's conference will be the best yet and hope that you will be able to join us. To register, just complete the form on the following page. Austin is a great city. Why not make it a weekend trip and enjoy the numerous amenities available in Austin.



Austin

Austin Convention and Visitors Bureau writes that Austin is known for its casual and playful nature. Situated at the center of the Lone Star State, it stands as the gateway to the Texas Hill Country and the Highland Lakes.

Austin is a city where the music never stops, live music plays at more than 100 venues on any given evening. Blues, country, rock and roll, and jazz puts Austin music into a distinctive music genre that's difficult to label. The largest concentration of music venues is found downtown in the Warehouse District and along Sixth Street, a six-block stretch of bars and restaurants. *Austin City Limits* continues to be the best show in town. For ticket information, call the ticket hotline at 512-471-4811.

For additional information visit Austin Convention & Visitors Bureau at <http://www.austintexas.org>



The Doubletree Hotel

The Doubletree Hotel Austin is a very elegant Spanish Colonial style hotel located at the intersection of IH-35 North and Highway 290 East in central Austin. The hotel is just 5 minutes from downtown and 20 minutes from Austin Bergstrom International Airport.

There are many fine restaurants within walking distance of the hotel and shopping is just a short 3 minute drive away at Highland Mall or Lincoln Village.

The Doubletree Hotel Austin features 350 beautifully appointed guest rooms with coffee makers, irons, ironing boards, work desks, hairdryers, voice mail, 27" televisions and high-speed internet access.

We have arranged a special rate for the TACES Conference of \$80 (single) or \$90 (double, triple, or quad) [regularly \$189 and \$209]. Self-parking is \$7.00 and valet parking is \$12.00. To reserve a room call (512) 454-3737. Be sure to mention that you are part of TACES when making your reservation.

Deadline for this rate is February 3, 2005.

For additional hotel information and/or directions to the hotel, please go to www.austin.doubletree.com

Doubletree Hotel Austin
6505 IH-35 North, Austin, TX 78752-4346
Tel: +1-512-454-3737 Fax: +1-512-419-0102

2005 TACES Mid-Winter Conference Registration

February 25, 2005

The 2005 TACES Conference will be held on Friday, February 25th at the *DoubleTree Hotel* in Austin. A working lunch will be provided as part of your registration. The conference will begin at 8:30 am and end at 4:30 pm (Registration begins at 8:00 am). Immediately following the last afternoon session, a networking/social gathering will be held in the hotel bar. Many of you will want to come in on Thursday and stay over Friday night to enjoy the many amenities of Austin. We have secured excellent room rates for Thursday and Friday nights. Please see hotel lodging information at the bottom of this page.

REGISTRATION:

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (H) _____ (W) _____ email: _____

On/Before February 9

On/After February 9

TACES member	X \$75	X \$90
Student	X \$40	X \$55
Non-member	X \$85	X \$100

TOTAL: _____

Please make all checks payable to *TACES*, and send to:

John Lucas, Treasurer
 1806 Sylvan Drive
 Austin, TX 78741

 (512) 442-1914
JDLucas14@EarthLink.com

All questions concerning registration should be directed to:

Richard Watts
 Baylor University
 One Bear Place #97301
 Waco, TX 76798-7301
 (254) 710-6108
Richard_Watts@baylor.edu

HOTEL INFORMATION

For those wishing to stay at the *DoubleTree Hotel* on Thursday (Feb. 24) and/or Friday (Feb. 25) nights, you must make a reservation from a block of assigned rooms for the TACES Conference. Rooms are \$80 (single) or \$90 (double, triple, or quad) [regularly \$189 and \$209]. To reserve a room call (512) 454-3737. Be sure to mention that you are part of the TACES Conference when making your reservation. **Deadline for this rate is February 3, 2005.**

Life-Career Development

Dennis W. Engels
University of North Texas

Today's conditions and future projections suggest that career development matters in new and unprecedented ways. As previous expectations of mutual employer-employee loyalty shrink, and traditional safety nets and benefits commensurate with long term continuous employment erode, people need help finding appropriate means and strategies for owning and caring for their own careers. Today and for the foreseeable future, workers will need high-level workplace skills and knowledge, especially life-long learning skills.

Individuals also will need to depend increasingly on themselves and their personal resources and assets for career stability, borne of careful, intelligent life-career planning and development. Counselors and educators can play a special role in promoting career development across the lifespan, by building visions and goals, sing current trends and implementing programs that are both nationally sensitive and locally appropriate in scope, focus and thrust. Today, more than ever before, individuals must be good owners and stewards of their own careers, and they must begin pre-kindergarten and continue planful career development as a life-long endeavor.

Counselors need to help people with future career planning for balancing and integrating work roles and responsibilities with other life roles and responsibilities, e.g. family membership, parenting and citizenship (Super & Hansen 1997). Career development is not merely about jobs, rather, it is about a core life element that dramatically impacts all other areas of life. Because of their educational backgrounds; their familiarity with resources and their dedication to promoting the worth, dignity, uniqueness and potential of human beings (American Counseling Association, 1997), counselors are well prepared and well positioned to serve as major catalysts in building and implementing comprehensive developmental life-career programs and services aimed at helping people accept ownership of their personal careers, with personal responsibility for, commitment to and skill in future career planning and integrating work roles and responsibilities with other life roles and responsibilities.

Learn to Manage Your Time Well

I thought I would be less busy once I completed my doctoral program and started working as a counselor educator. I was wrong. Being a counselor educator is an extremely busy job, and life in general seems to get busier as well. It is important, therefore, for counselor educators to prioritize activities

and schedule time accordingly. I schedule appointments with myself in my calendar book in order to accomplish priority tasks. Should a potential conflict arise, I can respond with integrity in saying that I have an appointment scheduled. For example, publications are currency for securing a job in counselor education and for achieving promotion and tenure. Thus, publication should be priority, especially for assistant professors. It is important to set aside a time each week to work on publication and schedule an appointment in your calendar book.

Be a Team Player

It is crucial for developing and maintaining a healthy atmosphere within a program/department that faculty members share the load. There are many rewarding aspects of being a counselor educator but there are also myriad "piddly" details and thankless tasks that must be completed in order for a program/department to function successfully. Go into the job with the mindset of being a team player who can be depended upon to pull his or her weight.

Learn Your Limitations

This one is can be difficult for new faculty members, because you may believe you have to respond to every opportunity that presents itself in order to be successful. There are tremendous time demands on faculty members and each of us has limits to what he or she can accomplish without burning out. This idea dovetails with the previous two. One must manage his or her time well in order to maximize the time available. In addition, team players work to capability, not disability. You are no good to the "team" if you unable to contribute effectively due to burnout.

Take Time for Your Family

Do not neglect your most important ally—your family. It may be only you and your partner, or it may be a much larger family. The point I made about priorities in the paragraph on time management above is salient here. Your partner and family should be your number one priority, humanly speaking. Make appointments to spend time with your partner and/or your family and carefully guard that time. The demands of the job can take your focus off your loved ones if you do not make them a priority.

Take Time for Yourself

Make time for yourself a priority. Take care of the whole person: physically, emotionally, spiritually, etc. I recommend that you also engage in a diversion that takes your mind off the pressures of life and work and allows for a time of creative release and relaxation. My diversion is music. I sing in the Kent Choral Society Chorus, I sing in the choir at church, I write music, and I play piano and guitar. I am re-energized by musical diversions. Take time for yourself. You will be a better partner, parent, professor, and person for it.

From the Editor

Melanie Bullock
University of Texas - El Paso

Thank you for the opportunity to contribute to TACES as association Secretary and Editor of *Juncture*! I am looking forward to working with all of you on these projects.

Our newsletter provides an opportunity to create a valuable resource for TACES members through which we can disseminate information. To meet this goal, we need your help! We invite you to submit articles, mini-case studies, literature reviews, announcements, and reports of interest to counselor educators and supervisors. In addition, please let us know what you would like to see in future issues! The spring issue is scheduled to be published in March. So....



send submissions to
mmbullock@utep.edu
by March 1.
Please include TACES in the
subject line.

TACESNET

The Texas Association for Counselor Education and Supervision Network (TACESNET-L), is a discussion list for counselor educators and supervisors in the great state of Texas. Membership in TACES is not required, but it is encouraged.

By working together in a professional organization we can strengthen our profession. Members can collaborate by sharing ideas, resources, and discussions about counseling, counselor education, and counseling supervision. News about upcoming workshops, conferences, and legislation may be posted on the list. This network can also serve as a useful modality for TACES leaders and members to stay in touch regarding member concerns.

Thanks to Dr. Richard Watts for his time and efforts in creating and managing TACESNET! If you would like to join please contact him at: Richard_Watts@baylor.edu.

In the News

Jan Friese
Texas Counseling Association

Senator Lucio files School Counselor Legislation

SB 207 has been filed by Senator Lucio to require school districts to adopt a policy to designate a percentage of total work time a counselor is expected to spend on the comprehensive development guidance and counseling program. This bill tracks the language of SB 251 which last session was passed by the Senate and reported favorably from the House Public Education Committee. For a copy of SB 207 go to www.capitol.state.tx.us.

Please let Senator Lucio know how much we appreciate his continued efforts to support school counselors. His number in Austin is 512-463-0127.

House & Senate Adjourn until January 24, 2005

After meeting for 2-1/2 days the House and Senate have adjourned until Monday, January 24th. While here they focused primarily on housekeeping such as setting the rules that will govern the 79th Session.

Lt. Gov. Dewhurst announced yesterday that the entire Senate had reached consensus on the components of school finance reform — but there is no bill yet. This is just the first step in a very complex process to address this complicated issue in what will be a very busy session. Already, more than 500 bills have been filed!

While the members are home, this is a good time to make connections. You can confirm who your Senator and Representative is by going online to www.capitol.state.tx.us.



PLEASE PLAN TO ATTEND
TCA'S FIRST LOBBY DAY ON
THURSDAY, FEB. 10.

Check the TCA web page at
www.txca.org for more details.